

Chehalis Contra Dance Camp Schedule & Workshop Descriptions - 2025

	Dance Hall/Dining Room	Cottage 1	Other
6:00pm	Welcome and check In Bands and callers meet for sound check with Andy		Bring items for clothing exchange to the gym.
6:30pm - 7:30pm	Snack Organizers meet.	Singalong with Nelson!	Bring snack items to main dance hall, snack area
7:30pm - 9:00pm	Welcome Dance: Jeremy Korr & The Free Raisins		
9:15pm - 11:00pm	Welcome Dance: Koren Wake & Joyride		
11:00pm - 12:00am	Hall open for singing/dancing (low volume)		Please turn off lights close all doors
Saturday			
8:00am - 9:00am	Breakfast & Announcements		Clothing Exchange all day! Gym
9:15am-10:30am	Free Raisins & Koren Contra Communication	Calling Workshop - Jeremy Nightmares & Resilience Strategies	
10:45am -11:45am	Joyride & Jeremy Alternating Contras	Music Workshop - Free Raisins How to play in a way that supports the dancing.	
12:00 - 1:00pm	Lunch		
1:15pm-2:45pm	Joyride & Koren Shadow Swapping	Music Workshop - Audrey Music jam or Contra tune	
3:00pm-4:30pm	Free Raisins & Jeremy Stomp Up a Storm	Music Workshop - Joyride: Construct a Joyride style set.	
4:30pm-5:30pm	Schottis Couple dance workshop Koren and John	Music Jam	
6:00pm-7:00pm	Dinner		
7:15pm-8:00pm	Concert: Joyride		
8:15pm -9:15pm	Dance: Joyride & Jeremy		
9:30pm - 11:00pm	Dance: Free Raisins & Koren		
11:00pm - 12:00am	Hall open for singing/dancing (low volume)		Please turn off lights, close all doors.
Sunday			
8:00am - 9:00am	Breakfast		
9:15am-10:15am	Sunrise Waltz - Raisins		

10:30am-11:30am	Joyride & Jeremy Quirky Contras	Calling Workshop - Koren: Programming a dance	
11:30am - Noon	Pack it up... Get it to the car, be ready to roll.	Retreat Center: return soap, fan on, lights off	Clothing Exchange ends
12:00pm - 1:00pm	Lunch	Roundtable Caller Discussion - Jeremy	
1:15pm-2:00pm	Goodbye Dance: Koren & Joyride		Camp staff will begin cleaning cabins, cottages and retreat centre.
2:15pm-3:00pm	Goodbye Dance: Jeremy & Free Raisins	From now on, please use only gym washrooms.	Final clean up of snack area
3:05pm	Dancers help move everything to cars.	Help us leave camp on time!	Final clean up of dance hall
Post Camp		Share the magic - post your photos and videos to Chehalis Facebook page.	See you at Chehalis 2026!

2025 Workshops (in order as they appear on the schedule)

Saturday

Contra Communication - lead/follow tips for contra dance flourishes. Koren

Practice executing common contra moves and flourishes safely and comfortably, and learn techniques for gracefully initiating, accepting, and declining twirls and other flourishes. Lots of contra dancing, a little teaching. Become everyone's favorite dance partner!

Caller Nightmares & Resilience Strategies - Jeremy

Alternating Contras - contras that alternate between larks/robins, 1s/2s, or in some other way, each time through. **Jeremy**

Shadow Swapping - Chaos-Free!

We'll set ourselves up for intentional play among consenting sets of shadows, and discuss how and when to swap smoothly while respecting the integrity of the dance. **Koren**

Stomp Up a Storm - dances chock-full of balances and waves. **Jeremy**

Supporting the Dancers - Free Raisins

How to play in a way that supports the dancing.

Audrey - come and jam or learn a tune.

Construct a Joyride style set with solid beginning/ending and building energy, with the possibility of playing that set with Joyride at some point for a dance.

Schottis couple dance workshop - Learn the basics of two Swedish turning dances. **Koren and John**

Sunday

Sunrise Waltz - Free Raisins (Dance)

Oh, so popular every year. A gentle beginning to the day.

Quirky Contrás - Contrás with unexpected twists. **Jeremy**

Caller discussion - how do we plan a set of dances that will thrill the crowd? What makes a dance "easy" or "hard" to call or to dance, and what makes it fit (or not fit) into a given set? **Koren**

Roundtable caller discussion - **Jeremy**