

Chehalis Contra Dance Camp Schedule & Workshop Descriptions - 2024

	Dance Hall/Dining Room	Staff Cabin 1	Other
Friday			
6:00pm	Welcome and check In Bands and callers meet for sound check with Andy		Bring items for clothing exchange to the gym.
6:30pm - 7:30pm		Singalong with Nelson!	Bring snack items to main dance hall
7:30pm - 9:00pm	Welcome Dance: Will Mentor & The Syncopaths		
9:15pm - 11:00pm	Welcome Dance: Koren Wake & Countercurrent		
11:00pm - 12:00am	Hall open for singing/dancing (low volume)		
Saturday			
8:00am - 9:00am	Breakfast & Announcements		Clothing Exchange all day! Gym
9:15am-10:30am	Partner Dynamics Koren & Syncopaths	Calling Workshop - Will Pairing dances with tunes	
10:45am -11:45am	Contras that boggle the mind Will & Countercurrent	Music Workshop - Syncopaths Band dynamics and improvisation	
12:00 - 1:00pm	Lunch		
1:15pm-2:30pm	Connecting in Space Koren & Countercurrent	Music Workshop - TBD	
2:45pm-4:00pm	Flow and Glide Contra Will & Syncopaths	Calling Workshop - Koren Call & cue timing	
4:00pm-5:00pm		Music Jam	
5:00pm-6:00pm	Dinner		
6:30pm-7:00pm	Concert: Syncopaths		
7:15pm-7:45pm	Concert: Countercurrent		
8:00pm -9:30pm	Dance: Koren & Countercurrent		
9:45pm - 11:00pm	Dance: Will & Syncopaths		
11:00pm - 12:00am	Hall open for singing/dancing		(Low volume)
Sunday			
8:00am - 9:00am	Breakfast		
9:15am-10:15am	Sunrise Waltz: Countercurrent		
10:30am-11:30am	Shadow Play Koren & Syncopaths	Music Workshop – Countercurrent - Backing contra tunes on guitar and other rhythm instruments	
11:30am - Noon	Pack it up... Get it to the car, be ready to roll.		Clothing Exchange ends; please remove or donate items
12:00pm - 1:00pm	Lunch	Roundtable caller discussion: Will	
1:15pm-2:00pm	Goodbye Dance: Will & Countercurrent		Camp staff begin cleaning cabins and retreat centre.
2:15pm-3:00pm	Goodbye Dance: Koren & Syncopaths		
3:05pm	Dancers help move everything to cars. Help us leave camp on time!		Final clean up of snack area and dance hall
Post Camp	Share the magic - post your photos and videos to Chehalis Facebook page.		See you at Chehalis 2025!

2024 Workshops (in order as they appear on the schedule)

Saturday

Partner Dynamics - Koren and Syncopaths (Dance)
Lead and follow skills

Pairing dances with tunes - Will (Calling)

Contras that boggle the mind - Will and Countercurrent (Dance)
Challenging contras

Band dynamics and improvisation techniques - Syncopaths (Music)

Connecting in Space - Koren and Countercurrent (Dance)
Set cohesion and spatial awareness

Workshop - TBD

Flow and Glide - Will and Syncopaths (Dance)

Power of Words - Koren (Calling)
Call and cue timing

Sunday

Sunrise Waltz - Countercurrent (Dance)
Oh, so popular every year. A gentle beginning to the day.

Shadow Play - Koren and Syncopaths (Dance)

Backing Contra tunes on guitar and other rhythm instruments - Countercurrent (Music)

Roundtable caller discussion - Will